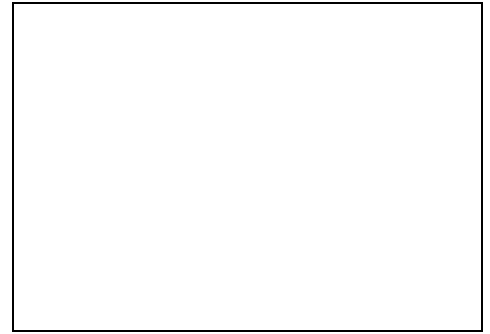


John's Jottings



LIONS: A Positive Force for Good

District 201 Q1 Newsletter

December 2009 – Issue 6

District Governor John's Column.....

This time of the year always proves to be the busiest time for our Lions members. With the selling of Christmas Cakes, Christmas Mints and Puddings along with preparation for Carol evenings, Christmas BBQ's and socials, Christmas Wrapping and raffles, we have the ideal setting for us to be *'Lions-in-sight'*.

I know that there will be plenty of opportunities for us to be of service as we approach the holiday season such as helping the elderly, the shut-ins and those that need help of one kind or another. Visits to our retirement villages at this time of year is on most of our Clubs' agendas, so with all of the above mentioned projects in mind we certainly need to be reminded to 'stop and smell the roses'.

To those of us who are still in the work force, and those of us who have retired but very active with our Lions duties, Christmas is a time that we look forward to – to spending more time with family and friends, for relaxing, trying to keep cool and to re-charge our batteries.

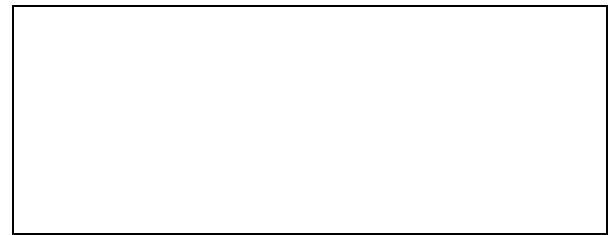
This past weekend (21st & 22nd November) was spent with the Lions of Warwick as they hosted our Cabinet Meeting. I'd like to take this opportunity to thank this Club for their welcome and for looking after us so well. Even though the weather was very hot, their welcome made us all feel comfortable.

IPDG John and Lion Di McCrae were presented with my first 'budgie' award, for their help on the weekend...that's the 'budgie' award – not the parrot!



The Inaugural "Budgie" Award

Lion Julie and I have been very fortunate to be able to attend the four 'Q' Districts Conventions. The final one was Q2's in Mackay, where DG John Muller presented all the visiting DG's their own maroon shirts with their relevant 'Q' number embroidered on the back of them. A special one was made for ID Ken Bird which had the word 'SIR' emblazoned on the back! This gesture truly united the four Queensland Districts as one team.



The Cabinet Meeting at the Jackie Howe Motel

By the time we stop for the Christmas break, I shall have visited around 54 Clubs, so finally over the 'hump' and look forward to meetings in the new year, including visits to the Leo Clubs.

On a personal note, our daughter's twins have arrived safely, both mother and babies doing well. We've got two more names to remember--Evelyn & Matilda (Eve and Tilly) along with the other 13 grandchildren.

Our hearty congratulations go to our District Cake Chairman Lion Bernie Scobie for being presented with a Life Membership by his club of Runaway Bay.

Also I was fortunate enough to present a Life Membership to Lion Keith Wilcox (78 years old) from Tenterfield club. Lion Keith is a long serving Lion with more than 30 years of service attending all club projects along the way. Congratulations Lion Keith!

Whilst in Warwick I was informed that Lions Lady Joy Scobie is to receive a Citizen of the Year Award (a Queensland Government 150 years initiative with only 8 to receive this prestigious award). Congratulations Joy. Fantastic!

Remember Club Presidents to recognise your Club members for the work that they do, as without them we can't go forward and progress – *Move to Grow!* (Our International President's Motto this year)

Just a note on Membership. Our numbers have gained slightly over the month, and I am looking forward to a new Club being formed within the next few Months. Many special thanks go to The MERL team who has worked so hard to achieve this goal.



The Secretary's Sentiments

Lion John Warne (Leos) has had a lot of success working with the young adults and will be forming another Leos Club in the near future.

Thank you all team members!

My 'get well' wishes go to another devoted Lion, Zone Chairperson Frank Anderson (Ballina) who has been very ill lately. Lion Frank signed himself out of hospital to attend a regional Lions Meeting. Now that's going beyond the call of duty!

The Apple Mac Club received a donation of a huge load of classroom desks and chairs to be shipped off to the Islands.

Ring Lion David Phillips if you wish to lend a hand in this project. This Club has also been involved in assisting Q2 in establishing a new Lions Club in New Guinea. Lion Julie and I are continually astounded and amazed at the variety of projects and Lions work being performed in their respective communities, and assistance given to Lions International projects as well.

On behalf of Lion Julie and myself, I want to wish our Cabinet Team and all members of Q1, near and far, a very safe, relaxed and healthy Christmas. May Santa bring you what you desire the most!

See you soon...

Lions: A Positive Force for Good

Lion John Lynch

District Governor 2009-2010
Phone: (02) 6625 1430
email: lyneng@westnet.com.au



Where Will District Governor John Be?

30 November	Club Visit – Bangalow
1 December	Club Visit – Moreton Bay
2 December	Club Visit – Rosewood
8 December	Club Visit – Algester Parkinson
9 December	Club Visit – Mudgeeraba
12 December	Club Visit - Murwillumbah
19 December	D G John on Holidays
25 December	Christmas Day

2010

1 January	New Years Day
11 January	DG John back from Holidays
14 – 17 January	Council Meeting - Sydney
19 January	Club Visit – Brisbane Macgregor
27 January	Club Visit - Casino

District Governor John Lynch and Lion Julie warmly welcome to our District, the seventeen (17) New Lions who joined their respective Clubs in November 2009.

Ballina - Barbara Parkins

Belmont Tingalpa - Les Chilcott – Kiong Looi

Brisbane Ekibin

Glen Bolger – Colin Lelay – Jane Rowe

Brisbane Pinelands - Richard Yorke

Cabarita Beach & Pottsville Beach

Ronald Bebendorf – Patrick Byrnes – Lynette Fraser – George Hibbert – Debra Ward – Constance Weymer – Ferdinand Weymer

Moreton Bay - Leonie Tearle

Tamborine Mountain - Leigh Thompson

Terranora Lakes - Duane Makawe

The District Membership at 28 November 2009 is 1,892, an increase of 10 members for the year.

Club Email Addresses:

At the National Convention in Melbourne in May, a motion was passed to allow Lions Australia to forward notices of meetings, notices of motions and other correspondence to Clubs by email, where a Club has an email address.

I have an email address for all Clubs in this District, but the majority of these email addresses are personal email addresses for the President, Secretary or other Club Officer so I am only providing email addresses to Lions Australia for those Clubs that have a Club email address.

Several Clubs have recently opened a Club Email Address and these are listed below:

Belmont Tingalpa	belmonttingalpa.lions@gmail.com
Brisbane Chinese	bnechineselions@hotmail.com
Brisbane Finlandia	lcbrisbanefinlandia@gmail.com
Brisbane Hellenic	hellenic.lions@gmail.com
Griffith University	secretary@lionsclub-griffithuniversity.org
Lismore	lismore.lions@gmail.com
Logan Ladies Business	llblionsclub@optusnet.com.au
Nerang Highland Park	nhp.lions@gmail.com

For the rest of this Lions Year, I will continue to use the email address that I have on my computer for each of these Clubs, unless I am directed by the Club Secretary to change the email address.

Apology:

In the last Newsletter, I incorrectly spelt the names of two new members from Moreton Bay Lions Club. The correct names are - Allison Hempenstall and Lakmal Yapa.

Brisbane Coorparoo Lions Club

Please note that from the first meeting in January 2010, the Club's Dinner Meetings will be held at the Coorparoo RSL Club, Holdsworthy Street, Coorparoo. Meetings are on the 2nd and 4th Monday commencing at 6.15pm for 6.45pm.

Greater Springfield Lions Club

Please note that the Home and Work phone number for the President and Secretary of the Club – Ross and Kim Forrest – is now the same number – 07 5467 9906.

District Newsletter – January 2010 Issue

The January 2010 issue of the District Newsletter will be forwarded to Clubs early in the week commencing 11 January 2010.

Seasons Greetings:

On behalf of Lion Wendy and myself, I wish all Lions, their Partners and Families a very Merry Christmas and a wonderful and fulfilling New Year for 2010.

If you are travelling during the holiday period, please drive safely.

'till next month.



Lion Bevan Faulkner

Cabinet Secretary
bevan.faulkner@gmail.com



Photo shows President Don McHenry at wheel
Lion Merv Rose Media Officer
Mr Greg JENKS CEO of John Flynn Hospital.

The capacity of Gold Coast's John Flynn Hospitals Carpark shuttle service has doubled with the purchase of a new 8 seater buggy.

Palm Beach-Currumbin Lions club has run the free service since 2005, when a member who worked for the Hospital noticed the difficulty many people had walking up the hills and stairs to the main entrance foyer.

The first 4 seater buggy was worn out within 4 years after carrying more than 180,000 patients and visitors.

Lions President Don McHenry said,

"It was heartwarming to hear the stories told by the Lions Volunteer drivers.

He said "One had taken a group of children for a joyride when there was no passengers for the buggy.

"After the kids had had their ride, the mother thanked the driver and said how nice it was to see the children smile because they were at the Hospital to say goodbye to their dying grandmother.

Members run the buggy Monday to Friday and it is a great community service to promote the Lions Motto,

WE SERVE.

In return for the dedication of the Lions Members, the Hospital has donated \$40,000.00 to the Palm Beach-Currumbin club which greatly assists us to help our local community" said President Don.

SLIPS OF THE EAR (submitted by Lion Peter Massey)

Many jokes are based on slips of the tongue. People often forget that ears, too, are fallible and they make slips that are often as funny as our tongues make.

I was performing a complete physical, including the visual acuity test.

I placed the patient twenty feet from the chart and began, 'Cover your right eye with your hand.' He read the 20/20 line perfectly.

'Now your left.' Again a flawless read.

'Now both,' I requested. There was silence. He couldn't even read the large E on the top line.

I turned and discovered that he had done exactly what I had asked; he was standing there with both his eyes covered. I was laughing too hard to finish the exam.



Youth of the Year

NEWS

Proudly supported by  nab

Finals.

It would be great if all Lions could please mark in your diaries for next year now, the dates of the Youth of the Year **District & State Finals**.

- The District Final is being hosted by the Lions Club Ballina East and will be on Saturday 27th March, 2010.
- The State Final is being hosted by the Lions Club Townsville (Q2) and will be on Saturday 10th April, 2010.

Remember to please put both these dates in your diary now, so that you can come along and support our District, as well as the Lions Youth of the Year Quest.

Judges for Finals.

A small reminder to all Clubs involved in all levels of this years YOTY Quest – the Judges that you have on the panel at one level of the Quest (e.g.: Club level) **cannot** then be a judge at the next level (e.g. : Zone or Region level) – they can only be a judge once in a YOTY Quest year.

The judges required at each level are as follows:

- Club Level – 3 judges
- Zone & Region Levels – 3 or 5 judges
- District Level – must have 5 judges + the 1 reserve

It is suggested to have a reserve judge available should anything unexpected arise on the day.

At each level there also must be a mix of gender in the judging panel – you **must not** have all males or all females – if you are having 5 judges at the Zone & Region levels it is recommended that you have a 2 - 3 split ratio (e.g.: 3 of one gender & 2 of other gender) – this allows for equal and varied opinions within the judging panel.

It is also requested that a judge from **NAB** be on the panels as they would be representing our major sponsors – **National Australia Bank**.

Winners Advisory Forms.

Just a reminder that after each level of the Quest, the winning Students' "original" entry form and all Winners Advisory Forms **MUST** be handed to the Chairman of the next level. They are all to be returned to me at the end of the Quest year.

Many thanks

Jenny Maguire
District YOTY Chairman

Ph: 0412 358 205

or jenny.yoty@gmail.com

(51 Clubs have already registered)



LIONS CLUBS INTERNATIONAL FOUNDATION DONATION

Over the past few months, Clubs had donated fund towards LCIF Samoa Tsunami Relief, LCIF Indonesian Earthquake 2009 and Philippines Ondoy-Ketsana Typhoon 2009. On behalf of all those in need, we thank you for the contributions.

However some of the donations are marked for Melvin Jones Fellowship (MJF). As the above are LCIF designated restricted accounts, the donation will not be counted towards any MJF or Progressive MJF. Any Clubs or Lions wishing to donate to LCIF towards any MJF or PMJF can make their donation to "LCIF/MJF Fund" where the donation will replenish to the LCIF un-restricted general fund. The LCIF Emergency Grants and Standard Grants are drawn from the un-restricted general fund.

LCIF RECEIVED HIGHEST RANKING FROM CHARITY NAVIGATOR

In October this year, LCIF was awarded the highest ranking possibly from Charity Navigator – four stars. This top ranking means that LCIF exceeds industry standards and outperforms most charities in its cause. More than 5,400 of America's largest charities are ranked on the Web site. Rankings are based on a number of factors related to organization efficiency and capacity.

In 2007, LCIF was named the number one non-governmental organization (NGO) worldwide with which to partner. The foundation came in first for its accountability, program execution, communications, program adaptability and partnerships among 100 international organizations in the independent review. LCIF gives every cent of every dollar to humanitarian projects. Administrative costs are paid by interest earned on long-term investments, allowing for 100 percent of every donation to have a direct impact on the lives of people around the world.

Supporting excellent humanitarian programs, providing excellent customer service to our donors and being a leader in fiscal responsibility is not only part of the foundation's mission, but also what sets LCIF apart from other charities worldwide.

I sincerely hope every Club would endeavour to at least set one project every year target to raise fund for LCIF. Don't forget, it is Lions helping Lions as Clubs are provided the opportunity to apply LCIF Grants for any worthy humanitarian projects as Rosewood Lions Club recently did successfully obtained approval to receive US\$50,000 to purchase equipment for Cabanda Aged Care.

PDG Peter Ho
LCIF Chair 2009-2011



Pride of Lions

Who better than **PDG Lion Ken Scells** to be the new Chairman of the Lions Medical Research Foundation.? Lion Ken has at least 20 years of experience of working with the Foundation.
Congratulations **Ken** on your recent appointment.

The Lions of our District can rest assured that this Foundation will continue to be our showcase with Lion Ken at the helm and with **PDG Lion Peter Ho** as the new Chairman of the Lions Medical Research Personality Quest.
Congratulations **Peter** on your recent appointment.



LIONS MEDICAL RESEARCH FOUNDATION



Having recently been appointed Chairman of the Foundation I commend to you the following article by Lions Medical

Research Personality Quest Chairman Peter Ho and stress the need for more entrants in the Quest.

- The need to support our Senior Research Fellows is great.
- ▶ **Dr Gethin Thomas** in the field of Osteoporosis and Inflammatory Arthritis.
 - ▶ **Dr Kathryn Buller** investigating Brain Injury caused by lack of oxygen and blood flow to the brain of pre term babies.
 - ▶ **Dr Christine Staatz** investigating the correct dosage of Immuno Suppressant Medications to transplant recipients.
 - ▶ **Dr Ingrid Hickman** developing diet and exercise routines to obtain better outcomes for diabetics.

If your Club is not able to have a Personality Quest entrant, then consider a donation to the Foundation.

With a \$1,000 your Club can purchase a Ray Phippard Fellow Award for presentation to a deserving Club Member or a member of the public or for \$500 your Club can purchase an Ian Frazer Humanitarian Award. Think about it! The life you save with your donation, may be your own!

Merry Christmas and a Happy New Year.

PDG Ken Scells

LIONS MEDICAL RESEARCH PERSONALITY QUEST

As the newly elected chair, I would like to take this opportunity to remind all Clubs the importance of the Lions Medical Research Personality Quest (LMRPQ) program as the fund raising arm of the Lions Medical Research Foundation (LMRF). Every year, LMRF needs some \$400k to fund the current research programs. The results of the research programs, since its formation in 1966, are considered remarkable. For instance the success of the cervical cancer vaccine that received global recognition was initiated from the ground work that was funded by LMRF back in 1985. The current areas of research can be found in the LMRF 2009 Annual Report of which a copy was sent to all Clubs.

With the new rule commencing this year, it allows any female above the age of 18 to participate as an Entrant. Our District has, hitherto, the following Clubs provided an Entrant:

Belmont Tingalpa, Brisbane Hellenic, Brunswick Mullumbimby, Camp Hill Carindale, Greater Springfield, Killarney, Logan West, Murwillumbah, Sunnybank, Terranora Lakes.

In addition, the following Clubs have indicated their participation in securing an Entrant this year:

Ballina, Kyogle, Warwick, Burleigh Heads, Brisbane Macgregor, Brisbane Chinese

For those Clubs that never participate in the program, a member of the LMRPQ team would be more than pleased to attend your Club meeting to provide some insight of LMRF as well as the Personality Quest. For those Clubs that haven't secured an Entrant, there is still time to do so. If you need any information, our team is only a phone call or email away.

Best wishes for the festive season & a wonderful 2010.

PDG Peter Ho
LMRPQ Chair



Now, just why do we use that word?

Jacky Howe

A navy or black singlet cut nearly to the waist under the arms to give freedom of movement. The **Jacky Howe** is worn especially by shearers and other rural workers. It was named after the style of singlet worn by shearer John Robert ('Jacky') Howe... In 1983 **Warwick** remembered this famous son by establishing a Jackie Howe Memorial at the Jackie Howe Rest Area on the corner of Glengallan Road and the Cunningham Highway. It is notable for the large shears at the top.

The plaque on the memorial recalls: 'He learned the art of blade shearing in the woolsheds of this district before moving to Central Queensland in the 1800s.'

'At Alice Downs, Blackall, on 10 October 1892 he shored a total of 321 sheep in a standard working day of eight hours and thereby established a record that was never equalled by blade shearers.

'By adopting a sleeveless shirt which facilitated the action of the blade shearer he gave his name to its modern counterpart: the Jackie Howe singlet.

THE WHITE CANE

Tap, tap, tap is the sound of the white cane as its tip hits the ground

I use it to help me get 'round, as my feet on the pavement I pound

People get out of my way, when the white cane is on display

An everyday tool – helps a blind man keep his 'cool', on pathways throughout the day.

(Lion Julie Lynch, Coraki)



CAKES

May I remind all Clubs that the cut off date for delivery before Christmas is 7th December, 2009.

Our cake sales are doing very well ~ but remember that Christmas is coming very quickly.

We have purchased 36,840kg of 1.5kg & 16,104kg of 1kg a total of 52,944kg.. This is an increase of 3,717kg to the same period last year. VERY WELL DONE to all Clubs and their Cake chairman.

MINTS

Sales are doing well. The Christmas mints' closing date was 12th November, but they have notified that some stocks are still available on a first in best served basis. Here is a golden opportunity for those Clubs thinking ~ give it a go ~ they are good value

If any Club wishes assistance with Cakes or Mints contact me 07 55375113 or runbaylions@bigpond.com

Lion Bernie Scobie

MER TIP of the month (December 2009)

Ever wondered whether the public ask about Lions? Well, the answer is they certainly do. Many people 'surf' the net and come across Lions or try to look Lions up after seeing an advertisement or sign somewhere. National Office is the initial port for all these enquiries. They are then pretty swiftly referred to the relevant Districts. That's where **YOU & I** come into it. Once I receive the enquiry, I either ring or email the appropriate club as soon as possible or sooner. Generally the time taken from initial enquiry at MD to referral to your club is a very quick process, often within less than 24 hours. But then frequently it all stops! The most important role in this process belongs to the clubs. However, for various reasons many clubs do not contact the enquirers in a timely manner or follow up appropriately and thus the opportunity for a new member is lost.

To ensure this method is effective and we welcome new members into our organisation to serve the community it is most important that **ALL CLUBS**;

- Try to contact enquirers within 24 hours of being advised.
- Continue to follow up and stay in touch with the enquirers.
Tip: In general leaving messages for the enquirer to call you back rarely works. It is important the club follows up and follows up and follows up. Please don't assume that an inability to make ongoing contact means the enquirer is disinterested, there may be a host of other reasons and they may still want to hear from you.
- Advise me of the outcome of your contact and respond to emails and/ or phone calls requesting feedback. This is to assess the effectiveness of the online /phone enquiry system.
- Advise me of any questions or concerns you may have, e.g. if after contacting the person you believe it would be better to refer to another Lions club (perhaps closer) please let me know.

I wish to applaud those clubs who have been enthusiastic in making contact. Sometimes the enquirers have simply wanted to attend a Lions meeting whilst travelling. Others have been genuinely looking to join. Some clubs have gained new members from these leads. So it does work!

Sincerely

Tric Smith

District Membership

INTERNATIONAL CONVENTION - Sydney

Clubs may register 1 delegate for every 25 members. The Registration Form may be found on the Lions Web Site.

EXTRACT from a Club Treasurer's Report

"Inflation has not made money entirely useless . . . you can still use a five cent piece as a screwdriver"

Lions Prostate Cancer Research & Treatment Project



Attending the launch of the Donor's Honour Board for The Prostate Cancer Research and Treatment campaign at the Mater Hospital, from left to right is, District Governor Elect Q1 Lion Lesley Lyons, Lion John Grimstone Project Chairman and District Governor for Q3 Lion Heather Short.

Lions Australia was listed on the general Honour Board plus on the Lead Board which is reserved for donor's exceeding \$100,000.00, congratulations to all of our fellow Lions throughout Australia who made this possible, we are, on your behalf now in the process of purchasing equipment for the Research laboratory.

Lion John Grimstone.

CLUB NEWS

A request from **Woodridge Kingston Lions**.

"Please ask your members if they have a sewing machine sitting in the cupboard that is no longer required.

If they do, please contact Ivan Bush of Woodridge Kingston Lions on email bush tune2@yahoo.com.au."

Over the last two months the **Logan City Marsden Lions Club** has been very active in the community.

- Christmas Party at the Logan Wetlands at Browns Plains
- BBQ for the walkers club which catering for one hundred and fifty people
- The new Father Christmas shop on old Logan Road are selling Lions Christmas Cakes
- A BBQ for their grand opening of the store
- Christmas trees for Loganlea Community centre to distribute to the people in need.
- BBQ at the Good Guys Browns Plains.
- Christmas Raffle

Logan City Marsden Lions Club welcomed a visit from Lance Roberts and Peter Massey with Lions Hearing Dog Sandy who made a great impression on all members.

Regards

Phyllis Eland (Logan City Marsden Lions Club).

Eyeglass Recycling

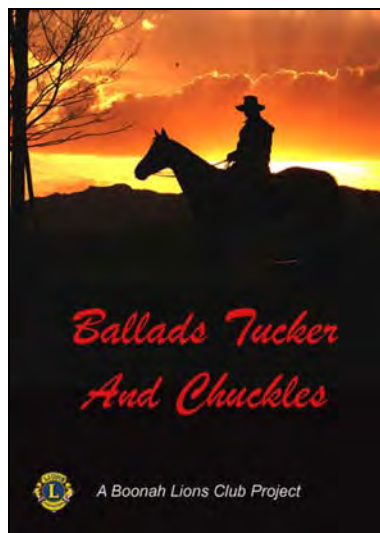
Lions Clubs in our District are wonderful supporters of the Eyeglass Recycling Program, and all Lions who are involved in the collection of used spectacles are thanked for their efforts in liaising with the various collection points. The Redcliffe Centre has two sub-centres. Efficiencies at these locations have resulted that supply cannot keep up with the processing capacity. Clubs are asked to send used glasses they have collected to the Centre on a regular basis and not wait until there is a big quantity to send. Use should be made of Christmas Cake boxes to send glasses to the Redcliffe Centre, as these boxes are then used again to send glasses overseas.

The freepost address is
REPLY PAID 3021
Lions Recycle for Sight
PO Box 3021
CLONTARF MDC
QUEENSLAND 4019

According to figures given by The World Health Organization, 153 million people have uncorrected refractive errors (near-sightedness, far-sightedness or astigmatism). Most of these vision impairments are quickly diagnosed and easy to treat with corrective lenses. For children, clear vision means a better education, healthier development and a better quality of life. For adults, it means greater employment opportunity and economic strength. For seniors it means less dependence on others.

Rob Johnson

Lions Recycle for Sight District Chairman



'BALLADS, TUCKER AND CHUCKLES'

The title of this book immediately tells the reader what the contents are; it is a book of some wonderful old-fashioned bush poetry, some outstanding recipes, that I look forward to sampling, and some great humour. Members of the Boonah Lions Club compiled the book, designed the cover and layout and then formatted the content; all done in a

very professional style. On top of these factors it is an excellent read, making it a quality product and very readable. It should appeal to an extremely broad section of potential readers.

The book has a very strong Australian theme throughout. The poems were provided by a number of local poets but also include a few generously donated by TV personality and published poet **Rupert McCall**. The recipes cover a wide range of tastes but *everyone* should find something that suits their particular taste buds. The humour, by way of jokes and stories, are complimented by 'Aussie-isms' that give brief explanations to some of our well known, and some not so well known sayings and cliches'. They are funny in themselves. Some of the stories are hilarious.

This book has kept me laughing and enthralled for hours and I commend it to all. It is an excellent travelling companion and would also be a perfect gift for the person who has everything.

Hugh Lunn

Multi award winning author

The book is on sale through the Boonah Lions Club, telephone 07 54631885 at a cost of \$20.00 a copy, plus P & P.

From the Environment corner

I hope that you all celebrated International Volunteers Day on the 5th December. International Volunteers Day was established by the United Nations General Assembly in 1985. IVD is now celebrated world wide with thousands of volunteers involved in a range of IVD activities including clean up campaigns, conferences, morning teas and many other activities all aimed to highlight the role of volunteers in their communities. We should all be proud of the work that we, as Lions, and volunteers, achieve and we should celebrate these achievements. Mark it in your calendars now for 2010!!

Date Claimer – Clean Up Australia Day – 7 March 2010

I would like to take this opportunity to wish you and your families a very Merry Christmas and a Happy New Year and hope that you take this opportunity to unwind, relax, spend quality time with your family and friends and come back refreshed and enthused in 2010. Drive safely if you are on the roads over the Festive season.

Don't forget to collect all the Christmas stamps you receive. The Australian Lions Children's' Mobility Foundation will be most appreciative of your support.

And remember that Planet Ark and Australia Post will combine again this year to distribute 1 million free envelopes that people can use to post their old Christmas cards to Planet Ark for recycling.

Till next month

Julie Holden

Replies to an Invitation to a Scientists' Ball

Pierre and Madame Curie were radiating enthusiasm
Einstein thought it would be relatively easy to attend
Volta was electrified, and
Archimedes was buoyant at the thought.
Ohm resisted the idea at first

Ampere was worried he wasn't up to current research
Boyle said he was under too much pressure
Edison thought it would be an illuminating experience
Watt reckoned it would be a good way to let off steam.

Helen Keller Fellowship

For just \$A1000, a Helen Keller Fellowship can be purchased by a District, Club, Lion, Company or a private individual. The recipient will be presented with an impressive A4 sized plaque. It is a mirrored brass plate mounted on a bevelled edged timber backing, with wall mounting. Images of Helen Keller, Lion's Hearing Dog symbol, and the Lion's logo are laser etched into the plaque with words of your choosing. (Where required other logos may be added). Each fellowship is numbered and Lion's Hearing Dogs will mount the list of fellowships issued on its website.

Orders may be lodged in the following ways:

Email: hearingdogs@picknowl.com.au
Fax: Lions Hearing Dogs 0883881299
Mail: P O Box 164 Hahndorf S.A. 5245
Phone: (08) 8388 7836

Or download the order form from:
www.hearingdogs.asa.au

HINTS FOR CLUBS re PRO Media Releases

MEDIA RELEASE (for immediate release.)



Lions roll out their famous Christmas cakes.

The Lions club of Palm Beach-Currumbin is again out in force trying to satisfy the appetite of the Community. They have commenced selling their famous Lions Christmas at the Pines Shopping centre Elanora and the popularity of the cakes is highlighted by the fact that they are made in Brisbane.

These cakes have been sold since 1965 **and have resulted in over \$45million** in profit Australia wide, which goes

toward Save sight and other medical Research programs in Australia.

Last year our club sold in excess of 2660 cakes and 200 puddings

Cake Committee chairman **Lion Graham Fisher** said, " This year we intend to again beat last year's sales figures as the cakes grow in popularity yearly. They are made locally in Brisbane by Weston cakes and contain all Australian Ingredients with 51.6% of fruit so the quality is well known.

We are finding more and more Companies and employers are buying in bulk to give to clients and staff as a quality Christmas gift.

The Lions and Lioness members will be on duty daily at The Pines Shopping Centre, central court, from 9.00am till 4.30pm Mon to Friday and 9am till 12noon on Saturdays, and the 1kg cakes are priced at \$10.00 , the 1.5kg cakes at \$13.00 whilst this year we also have 1kg Puddings at \$15.00.

If any Company wishes to order in quantity please ring me, said Lion Graham Fisher on 55 339570 and the order will be delivered to you."

"Our club welcomes new male members who wish to help their local community and we meet over dinner twice a month and we are one of the oldest Lions Clubs I Australia and we are in our 53rd of service to our local community", said Lion Graham.

Ends.

For more information contact

Lion Merv Rose

Media officer
Lions club of Palm Beach-Currumbin
On 0755763214
Or email me on rosey5@bigpond.com

Nothing great was ever achieved without enthusiasm - Ralph Waldo Emerson

Not a truer word was said! An enthusiastic group of Lions gathered to listen and share ideas on Membership, Extension and Retention issues at the recent MER forums. With that level of enthusiasm WE WILL SUCCEED! Huge thanks to all the clubs and individual enthusiastic members that made the forums a success. The first forum was held at the Lions Den, Elanora on the 31st October and the second at the Lions Community Hall, Sunnybank on the 7th November 2009. In all, 48 Lions attended over the two days representing 24 clubs. Heartfelt thanks to the Palm-Beach Currumbin Lions and Lionesses and the Sunnybank Lions for the excellent facilities and catering. Many members of the MER team motivated members and stimulated discussion with their inspiring presentations led capably by DGE Lesley Lyons. In particular Ross's Retention Rescue Remedy (as I call it) was very well received. However a main aim of the forum was to hear from the clubs so the collective wisdom is highlighted for your reference.

The ideas shared by the clubs present may be pertinent to your club;

- Put up flyers in Spotlight stores & Bunning's
- Some clubs auction off gift certificates to reduce fees
- Possibility for new club at Karragarra Island QLD & the Casuarina Region in NSW
- Make applications for small grants to subsidise travel in supporting and creating new clubs Contact Karen McNeil (Woodridge/ Kingston) for assistance with grant applications.
- Consider Youth of the Year parents when conducting membership recruitment campaigns
- Conduct a joint Zone/Region/District membership campaign.
- Each clubs goal should be – “don't lose any members”
- Present clubs as fun and a positive face i.e. Sponsor events – Lions canoe races. Contact local papers.
- Advertise attractions in advance.
- First conventioners – need to provide an activity for first conventioners at District conventions.
- Need greater detail in advertising of MER forum to attract the newer members and make them feel welcome (& not 'out of their depth').
- Look after new people at meetings – nominate a specific person to look after them each dinner meeting.
- Pinpoint 'quieter' members – encourage 'outgoing' members to embrace them.
- Older members to allow new members to 'have a go'
- Conduct a workshop on handling situations involving disruptive members.
- Disruptive members
 - One club gave an example of their 6 month suspension of a particularly disruptive member
 - Give disruptive people a job. Look for their strengths/ listen
 - Communicate privately on neutral ground - not at the club.

Macleay Island and Twin Rivers Lions won the 'pass the parcel' and have committed to staging a membership drive. They will be contacted in the New Year.

Each club was issued with the following tools.

- Pride in Growth Program
- Ginkgo Program and Ginkgo Awards, Year Round Growth Program
- 30 Marketing Ideas & Membership Best Practice Ideas from 2006 International Results
- Q1 District Letters and Mailings cost
- Series of Retention booklets

Please contact Tric if additional copies are needed.

Ross, Heather, Tric, Dianne, Beverley and all other members of the MER team are here to assist and are happy to be invited to meet with your club. See our contact details in the Directory.

Regards

Tric Smith

Invitation:

- Apple MAQ Club - 25th Anniversary
- Apple - MAQ Lions Club - 6th Anniversary

Open Day At the Club's New Storage Shed

We would like you to join us in celebrating the Anniversaries of 25 years of AMAQ & 6 years of Apple-MAQ Lions Club We will be hosting a **Silver Anniversary Afternoon Tea** which

will be held on Sunday 6th December 2009

at 1/13 Lucinda St Woolloongabba

From 2pm-5pm

Tickets: \$15 p/person includes Finger Food & a drink Soft Drinks, Beer, Wine & Tea/Coffee will also be available. RSVP: 1st December 2009

Register Online: www.eventsbot.com/events/eb271479137

Or: PO BOX 7438, East Brisbane 4169

Or: Ph: 3895 8103 (Answering machine)



Peace Poster Contest - 2009 Q1 WINNER



The winner for 2009 District Q1 is Daniya Nadeem of Alger State School, sponsored by the Lions Club of Alger Parkinson.

The winning poster was handed over to District Governor John Lynch after November's Cabinet meeting. District Governor John will send the poster to the Multiple District Council Chairman for Multiple District judging. The winning poster will be picked and sent to the Public Relations Department at the International Headquarters.

The international winner will be notified on or before 1 February 2010.

Congratulations to Daniya and good luck!



Unfortunately there are still some Clubs sent in their posters in wrong size, although they have been repeatedly reminded to ensure the entries must be on the correct size paper. The District had stocks of paper and was able to supply some to the various Clubs free of charge. I shall follow up with these Clubs.



Radio Lollipop Day was held on 31 October 2009 with stalls at Beenleigh Marketplace, Indooroopilly, Logan Hyperdome, Sunnybank Hills and Wynnum Plaza (also couple in Brisbane north suburbs). A brief introduction was included in the October District Governor newsletter – John’s Jotting. Cabinet Secretary Bevan also assisted with the distribution of the Lollipop Day information to Clubs in Regions 3, 4 & 5, in order to find more helping hands for this day. A couple of Clubs did respond to the call and a roster was sent out to them.

Members from Sunnybank Lions Club attended a shift at the stall in Sunnybank Hills and greatly appreciated the generosity of many passers-by who donated money. I remember in particular one lady who came to the stall – after she put her donation in the can, she said that she recognised the Lollipop and Lions logo and thanked us for our time and devotion to the cause. Her words were a great encouragement to us.

Hopefully more Clubs can assist next year and also experience this feeling of encouragement.

The headquarters of Radio Lollipop has also requested feedback from the helpers on how to improve the running of the stall – specifically, what worked well, what didn’t, what should be continued and any other recommendations!

I would like to extend a big thank you to all those Clubs that lent a helping hand.

Merry Christmas and a very happy New Year.

Robert Zee

District Chair-Peace Poster, Fire Poster & Radio Lollipop

News Around the Ridges



► **CAMP DUCKADANG:**
Next working bee is planned for December, 18th 19th & 20th.

Come along and have a great time... Working bees are a great way to fellowship with your own club members and pick the brains of other clubs about what is happening in their clubs. There are various

activities for all to do. We are always keen to show off the brilliance of the Camp to all the Lions members. If it has been a little while since your last visit now might be a good time to reacquaint yourself with the “serenity of Duckadang”. The camp is a project of the three districts, Q1, Q3 and Q4.

► **National Convention MD 201 MILDURA**

It’s time to start planning for 30 April – 4 May 2010

► **OPEN DAY- Our New Shed: LARC**

Sunday afternoon, 6 Dec., at 1/13 Lucinda St BURANDA in Brisbane. **Local Aid Relief Centre**

► **OPERATION SMILE:** Our District has contributed \$723000

► **ROSIES** A request for donations of Christmas cakes. Our National Marketing Manager said that if Clubs wished to donate, they could be well advised to contact him first.

► **Qld. & NTH NSW LIONS MEDICAL RESEARCH FOUNDATION** Next year’s major Art Union (CAR) will be held in the name of the Foundation (\$2 ticket) Lion Winston Fraser was elected for a further 3-year-term as a Director.

► **Tsunami appeal:** Our District has contributed \$28780 to date.

► **YOUTH EXCHANGE** – Host Families are urgently needed for Exchange Students from Malaysia & New Zealand 6 Dec. to 27 Dec. and 27 Dec to 17 January Please Contact Lion Andrew McDougall at (07) 5464 2997

► **Lions Prostate Cancer Research & Treatment:** We have been able to purchase the first piece of medical equipment for the Mater Prostate Cancer Research and treatment laboratory. The unit is a Thermal Cycler which allows the medical scientist to look at the Gene makeup of a cancer cell and aid the identification of those Genes which may cause cancer or stop the cell from dying naturally.

► **ADVANCE NOTICE:** Lions MR Personality Quest Grand Final for 2010 is set for **10 July**.

The next hospital visit and Information Day for Entrants and Sponsoring Clubs will be at the PA Hospital Brisbane on **Sunday, 7 February 2010**

► **HYPO DRIVE** initiative of Lion Sharon Whitchurch is being well received and there is a distinct possibility of this becoming a Nationwide activity.

► **NORTHERN NSW COMMUNITY TRUST RESEARCH:** Car Raffle books are available from the promoter, PDG Tony Cornell.

► **HEARING ACTION:** Lion Lance Roberts is selling 2010 Hearing Dog Calendars for \$10.

Lance recommends the **Helen Keller Fellowships** for clubs wishing to recognise worthy recipients. The funds raised will enable Lions to continue training and delivery of Hearing Dogs every 16 days.

LHD Sandy found many new friends at the Girl Guide Jamboree in Redlands recently.

► **LIONS CHRISTMAS MINTS:** A very popular product of good value. Lion Bernie Scobie said that we are now past the Order Deadline but a phone call might be all it needs to snaffle the last few available: 1800815787.

► **Out of the 46 approved humanitarian grants** awarded in the September October period, Australia received three.

1. **District N2** US\$75,000 –construction of lodging for Lions Youth Haven
2. **District V1-4** US\$75,000- expand the Fairfield Lions Village.
3. **District Q1** – US\$50,000 to purchase equipment for Cabanda Aged Care.

WHITE CANE

We have this vision inside our eyes
Of our life's surrounds large in size
We use white canes to make it great
This surely has to be our best mate
(Lion Merv Ferguson, Burleigh Heads)
...000...



Did you ever notice?
The Roman Numerals for forty (40) are XL.

DISTRICT
201 Q1
NEEDS
YOU
AS
Host
Families

Malaysian Students

6/12/09 to 27/12/09
and 27/12/09 to 17/1/10
1 x 16 year old Female
2 x 16 year old Males
7 x 17 year old Male

New Zealand Students –

17 yr old girl and 17 yr boy
from 6 - 27 Dec 2009.
17 yr boy from 6 - 27 Dec
2009.
18 yr girl from 27 Dec to 16
January 2010.

**If you are able to please find
homes this would be greatly
appreciated**

Contact **Andrew
McDougall**
Phone: 07 5464 2997



MEMBERSHIP RETENTION

An aid to membership growth and healthy clubs.

**Do you have less than 30 members?
Is your club ailing? How do you
recognise the signs?**

Meetings

Smart Strategies

For keeping your meetings on track

First Signs

- Poor attendance - trends
- Member enthusiasm is lacking
 - Poor participation by members
 - Members becoming impatient
- Atmosphere – members appear tense/bored
- Agenda is continually interrupted by members
- Difficult behaviour exhibited by members

What's the remedy?

- Have a well prepared agenda but brief
- Start & finish the meeting on time
- Always recognise members achievements
- Include interesting guest speakers
- Organise Club visitations
- Ratify Board decisions during dinner meetings
- Maintain control
- Set ground rules for conduct and dress codes



where problem areas are
RESPOND with appropriate changes

FIX IT FAST!

This is the first in a series of Retention Campaign messages to be provided by Q1 Retention Chairman, Lion Ross Gibbins (ross@gibbins.id.au).

Look out for the next in the series “*Club Dynamics – Smart Strategies for handling cliques and politics*”.

Lions Eye Health Project

by Lion Rob Johnson

Newly revamped leaflets giving information about Glaucoma, Old Eyes, Macular Degeneration, Diabetic Retinopathy and the Lions Eye Health Challenge are available. I presently have a small quantity that I can make available to Clubs on short notice. I also have copies of the CD that illustrates in very good detail the effects of diabetic retinopathy and macular degeneration.

I am available to talk at individual Club meetings or at zone meetings.

One very prevalent eye condition that needs careful monitoring is **glaucoma**. Glaucoma is a group of diseases that can damage the eye's optic nerve and result in vision loss and blindness. Glaucoma is the second leading cause of blindness globally, and the blindness it causes is irreversible. At first, there are no symptoms of glaucoma. Vision stays normal, and there is no pain. Glaucoma occurs when the normal fluid pressure inside the eyes slowly rises. Without treatment, people will slowly lose their peripheral (side) vision. Over time, straight-ahead vision may decrease until no vision remains. Glaucoma can develop in one or both eyes.